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Renew Your Skin, Get Rid of Spider Veins

source of considerable discomfort as well as a serious challenge to your self-esteem.

A procedure called sclerotherapy can eliminate the problem. Sclerotherapy is a simple in-office procedure that can be completed in under an hour without anesthetic.

How does it work? While you listen to music, read, or chat, a mild solution is inserted into visible veins causing them to collapse and fade

from view. Although results are permanent, sclerotherapy will not prevent the emergence of new spider veins.

Here are some factors that can contribute to the development of spider veins:

- Pregnancy and other life stages when hormones fluctuate
- Significant weight increase
- Prolonged sitting or standing
- Some medications

• Heredity

Both men and women can get spider veins and sometimes as early as their teens. But one thing is certain, no matter what your age, you'll be happy to get your great legs back. And they'll look so smooth, healthy, and youthful; you might just want to reveal them.

Consult with a board certified dermatologist to determine the correct procedure or treatment option for you.

The advances in technology during the last decade are astounding. Advancements have been made in all areas of medical and health care, including many new technologies that help you both look better and feel more self confident.

One of the newest technologies is a laser treatment that provides safe, effective, noninvasive skin resurfacing. This technology is powerful enough to restore and revitalize your skin, yet gentle enough to require minimal "down time." Plus, you can actually see immediate results that will only improve with each treatment. Lasers target flaws by penetrating deep inside the dermal layer. In response, your body creates its own new collagen, elastin, and skin cells from within.

The treatments are spaced several weeks apart to maximize your comfort, and because the outer layer of your skin is minimally affected, you can wear makeup right away. Some people resume activities the same day. A smooth attractive complexion has become the modern standard and the new skin resurfacing technologies allow you to achieve that youthful glow.

These new laser procedures allow you to smooth out scarring from acne, surgery, burns, trauma, or illness;

wrinkles around the eyes, neck, chest, or hand and roughened texture due to aging, sun, wind, toxins, or smoking.

You can also eliminate brown spots and blotching from sun exposure, aging, or hormonal changes including pregnancy and menopause.

Get Rid of Spider Veins

If you've been covering up to hide conspicuous red, blue, or purple spider veins on your thighs, calves, or ankles, you're not alone. Experts estimate that about 50% of women are beleaguered by spider veins that can also resemble a sunburst or cartwheel, or appear as thin, separate lines. They can be the

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