

Restore, Renew, Illuminate.

At Cara Mia, we help you achieve health and restore your youthful appearance while offering you privacy, comfortable surroundings, and many alternatives for your cosmetic skincare. We offer both preventative and restorative treatments that help you improve your appearance and health.

Cara Mia brings you the most advanced services in the world. Our facial and body treatments can reduce the signs of aging by improving the skins' appearance. Collagen can be stimulated, wrinkles reduced, pore size decreased, and sun damage diminished.

Cara Mia Medical Day Spa is the place where science and technology intersect to help our patients maintain healthy, youthful skin.



Call To Schedule

303.350.4600

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special offers, and event updates.

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9570 Kingston Ct. Suite 100
Englewood, CO 80112

Aesthetic Services MENU

Advancing Your True Beauty

INNOVATIVE, NON-SURGICAL SOLUTION

CARA MIA
MEDICAL DAY SPA

Facial Correction

Neurotoxins

Used to prevent contraction of facial muscles to improve the appearance of frown lines, crow's feet, and horizontal lines.
BOTOX® Cosmetic & Dysport®

Dermal Fillers

Used to provide structural support to the collagen network found within the skin. They help minimize lines, scars, and depressions for a softer and more even appearance.
Juvederm®, Restylane®, RHA® Collection

Sculptra®

Poly-c-lactic acid helps stimulate your own collagen. A series of injections over several months are required.

Mint PDO Threading

Is a minimally invasive procedure designed to lift and tighten sagging skin, offering a non-surgical alternative to a facelift.

SkinVive™

is an injectable skin treatment designed to improve skin hydration, smoothness, and radiance, giving a natural, dewy glow.

Micropigmentation

Implanting Pigment Into The Skin

Treatment areas include eyebrows, eyeliner, full lip/lip liner, beauty marks, scars and areola.

Methods Include:

Nano Strokes
Shading
Hybrid
(strokes + shading)

Laser & Energy Treatments

CoolPeel®

Collagen and elastin remodeled resulting in overall textural improvements. Reduction in discoloration, wrinkles, acne and surgical scars with the use of a CO2 laser.

Intense Pulsed Light (IPL)

Is also known as Photofacial. Focuses on redness, large pores, and hyperpigmentation of the face, neck, chest, hands and arms.

Vascular Laser (Pulse Dye)

Used to treat vascular lesions such as facial veins, rosacea, reddened scars, stretch marks, birthmarks, and port wine stains.

Aviclear

Used to treat mild, moderate, and severe acne by destroying the oil glands in all skin types.

Laser Hair Removal

Dark-colored hair on all skin types.
Face and Body Treatments

Leg Vein Treatment

Sclerotherapy

Removes unwanted spider veins on legs. A sclerosing solution is injected into broken or dilated blood vessels, causing them to shut down and gradually disappear.

Skin Health

Consultations

Meet our expert team and create a personalized treatment plan tailored to your unique skin concerns and goals. During your consultation, you'll explore treatments and products specifically designed for your skin type.

Body Contouring

Coolsculpting®

A nonsurgical fat removal to remove unwanted adipose tissue

PHYSIQ®

Utilizes electric muscle stimulation (EMS), deep heat & electrical pulse (STEP) to remove unwanted fat while stimulating and tightening the muscle.

Aesthetician Services

Extractions

Our express thirty-minute extraction treatment will clear acne breakouts by removing bacteria and unclogging pores deep in the skin, including milia extractions.

Hydrafacial™

Combines cleansing, hydration and antioxidant protection by removing dead skin and impurities and infusing moisturizing serums into the skin.

Microneedling

Delivers tiny needle pricks to stimulate skins' natural healing process, minimizing wrinkles and improving appearance of scars.
(*PRP add-on available)

*PRP (Platelet-Rich Plasma) can help reduce fine lines, improve skin texture, and create a radiant, more youthful appearance.

Chemical Peels

Improves texture and tone and reduces appearance of active acne, acne scarring, and sun damage.

Microdermabrasion

Microdermabrasion is a non-invasive skin resurfacing treatment designed to gently exfoliate the top layer of skin and extract clogged pores.

Dermaplaning

Exfoliation treatment that removes facial hair and dead skin cells.